

How to Register With Manage My Health (MMH)

www.managemyhealth.co.nz

It's a great online booking portal for PC/Tablet/Smartphones where you can:

- Book appointments online 24/7
- Look at test results with doctors comments 24/7
- Update contact/address details if you move
- Request repeat prescriptions (long term medications only)
- Lower cost medical advice (send secure message in MMH for reduced consult charge. You may be asked to visit in person for a GP consultation if deemed necessary by your doctor at normal consult prices.)

How to register

- Every person needs a unique and individual email address. You can let us know on reception or send us an email to provide us with your email address
- We will then register you on Manage My Health
- You will receive an email containing your activation instructions. Please check your spam/junk mail folder if you haven't received this within 7 days and let us know if you have any problems
- Visit www.managemyhealth.co.nz/start
- Fill in your registered email account and activation code and tick that you agree with the terms of use and click the Activate button

Enter your Email address and activation code received from your Health Centre.

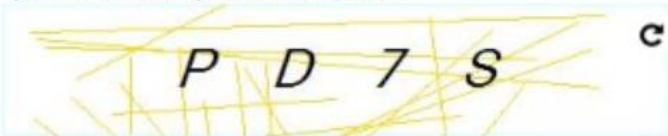
Email address

Activation code


- -

If you have forgotten your Activation code [Click here.](#)

Type the characters you see in the picture.



I agree with ManageMyHealth [Terms of Use.](#)

 **ACTIVATE**

Welcome to Manage My Health - now you're registered! View the How To Use document online for further assistance